



CATHEDRAL OF ST. MATTHEW THE APOSTLE

HEALTH & WELLNESS FAIR

SUNDAY, SEPTEMBER 11TH
10:00AM – 3:00PM
NORTH & EAST CONFERENCE ROOMS

HEALTH SCREENINGS

- BLOOD PRESSURE
- CHOLESTEROL & GLUCOSE*
- HIV TESTING
- BONE DENSITY
- INSTANT KIDNEY FUNCTION TESTING
- BODY COMPOSITION
- VISION & GLAUCOMA
- BALANCE & STRENGTH
- FLU & PNEUMONIA VACCINES*

HEALTH EDUCATION

- FITNESS
- NUTRITION
- DIABETES
- CANCER PREVENTION
- WOMEN'S HEALTH
- HEALTH CONSULTATIONS
- INFORMATION PROVIDED IN ENGLISH & SPANISH

COMMUNITY RESOURCES

- SENIOR SERVICES
- ADVANCED DIRECTIVES
- MENTAL HEALTH
- THE WASHINGTON HOME AND COMMUNITY HOSPICES

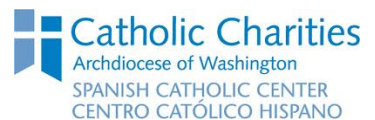
*All services are **FREE** with the exception of the following:



- Cholesterol screening (\$15)
- Flu vaccine (\$25)
- Pneumonia vaccine (\$65)



ARCHDIOCESE OF WASHINGTON



The Friends of the Congressional Glaucoma Caucus Foundation

