Sunday, Sep 17, 2023

Each one, teach one

Teachers, preachers, and professors have their place. But most of us learn life lessons more broadly. The first school is our home environment. Groups we affiliate with and wider media influences also communicate their values. In 1935, the Vatican called for special acknowledgment of how our parish catechists pass on the faith. While it's right to honor our DRE or religion teachers on this Catechetical Sunday, let's recall too the role of parents and indeed all parishioners in modeling a life rich in love, generosity, compassion, and forgiveness. Catechists literally "echo" the example of Jesus. Deliver your echo boldly!

TWENTY-FOURTH SUNDAY IN ORDINARY TIME TODAY'S READINGS: Sirach 27:30—28:7; Romans 14:7-9; Matthew 18:21-35 (130). "Peter approached Jesus and asked him, 'Lord, if my brother sins against me, how often must I forgive?"

Monday, Sep 18, 2023

Make of your life a mission of peace

In an address to the World Council of Churches in Evanston, Illinois in 1954, Dag Hammarskjöld, the second United Nations secretary-general (1953-61), referred to churches as the "guardians of ... the deepest beliefs and the loftiest dreams ..." of humanity. He died in a plane crash on this date while on a peace mission in the Congo and is the only person to receive the Nobel Peace Prize posthumously. Pope Francis praised him in 2015 for giving his life for "reconciliation among peoples." May the example and inspiration of Hammarskjöld, and the many who work to end conflict in the world, unite the people of God in their pursuit.

TODAY'S READINGS: 1 Timothy 2:1-8; Luke 7:1-10 (443). *"I did not consider myself worthy to come to you; but say the word and let my servant be healed."*

Tuesday, Sep 19, 2023

The real magic of relics

The significance of saintly relics is best understood in light of basic Catholic teaching: Relics aren't talismans born of superstition, nor are they magical souvenirs from worship-worthy saints. Moreover, relics deserve the same basic respect as other human remains. This is key because, historically, relics have been the subject of misunderstanding and abuse, everything from pilgrims who would steal bits of saintly bodies to Martin Luther's objection when relics were sold and hoarded like baubles. God alone works miracles and is worthy of worship. Saints merely agree to be the conduit— in obedience to Divine Love—sometimes paying the price with their martyrs' blood. Consider: The real miracle of Januarius' blood might be that he was willing to sacrifice it.

MEMORIAL OF JANUARIUS, BISHOP, MARTYR TODAY'S READINGS: 1 Timothy 3:1-13; Luke 7:11-17 (444). "A great prophet has arisen in our midst and God has visited his people."

Wednesday, Sep 20, 2023

Be inspired to broaden your concern

On this day in 1918, at the age of 58, Mary Theresa Dudzik entered into eternal life. She accomplished a lot of good in her time on Earth. After immigrating to Chicago from Poland at 21, she would invite poor elderly women and girls to her home. "I felt the misery and suffering of others, and it seemed to me that I could not love Jesus, or even expect Heaven if I were concerned only about myself," she wrote. Dudzik started the Franciscan Sisters of Chicago in 1893, the first order of religious women founded in Chicago. The community devoted itself to aiding the elderly and those in need. She received the honorary title of "Mother" in 1948 and is now a candidate for sainthood. Learn more about Venerable Mary Theresa Dudzik and her heroic virtue.

TODAY'S READINGS: 1 Timothy 3:14-16; Luke 7:31-35 (445). "To what shall I compare the people of this generation?"

Thursday, Sep 21, 2023

Witness value

When the name Saint Matthew comes up, many people recall him as the tax collector apostle who wrote the Gospel of Matthew. Modern scholarship has challenged the belief that Matthew the apostle wrote the gospel with his name on it, and other details of Saint Matthew's death by martyrdom cannot be definitively proven. Maybe having precision about all aspects of Matthew's life is not the most important factor in this feast, however. The church celebrates Matthew for being a faithful apostle and evangelist, things to which every Christian can aspire. Does your life evangelize, that is, bear witness to your belief?

FEAST OF MATTHEW, APOSTLE AND EVANGELIST TODAY'S READINGS: Ephesians 4:1-7, 11-13; Matthew 9:9-13 (643). "Live in a manner worthy of the call you have received, with all humility and gentleness, with patience."

Friday, Sep 22, 2023

Delve into fresh spiritual classics

The Spirit dwells in each of us and is expressed in myriad ways. The church treasures this rich diversity as "refractions of the one pure light of the Holy Spirit," as the Catechism of the Catholic Church puts it. Too often erased historically, the experiences of women haven't always been allowed to shine as brightly, however. And so we lift up writers such as Monica Coleman, Gloria Anzaldúa, Mary Oliver, Jung Eun Sophia Park, and Phyllis Tickle, renowned spirituality author who died on this date in 2015. Read one of these or another author whose particular "refraction" resonates with your own.

TODAY'S READINGS: 1 Timothy 6:2c-12; Luke 8:1-3 (447). "Pursue righteousness, devotion, faith, love, patience, and gentleness."

Saturday, Sep 23, 2023

The essentials of sainthood

Controversy shadowed the life of the mystical Padre Pio, as Pius of Pietrelcina was known. He was said to bear the stigmata, or wounds of Christ, though detractors claimed he manufactured the wounds with carbolic acid. However one views such claims and counter claims, the undeniable fact is that he was a compassionate counselor to the thousands who came to see him during his lifetime, a tireless servant who lived a simple life. At Padre Pio's canonization Mass in 2002, Saint John Paul II said: "The life and mission of Padre Pio testify that difficulties and sorrows, if accepted with love, transform themselves into a privileged journey of holiness, which opens the person toward a greater good, known only to the Lord." You don't have to be a mystic or stigmatist to mirror the ministry of Christ in your own life —all you need is a kind heart and generous spirit.

MEMORIAL OF PIUS OF PIETRELCINA, PRIEST TODAY'S READINGS: 1 Timothy 6:13-16; Luke 8:4-15 (448). "And some seed fell on good soil, and when it grew, it produced fruit a hundredfold."



Invest just five minutes a day, and your faith will deepen and grow—a day at a time

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